

	WEEK 1: 9TH SEPTEMBER - 13TH SEPTEMBER, 14TH OCTOBER - 18TH OCTOBER, 18TH NOVEMBER - 22ND NOVEMBER
SALAD BAR:	Nourish to Flourish Salads & Jacket Potato
PIZZA CRAFT:	Margherita Goats Cheese, Onion Jam & Rocket Meat Feast
URBAN BITES:	SOUTHERN STATES Buttermilk Chicken Waffle or Buttermilk Quorn Waffle Rocket & Tomato Onion Jam Garlic Aioli Extras Grilled Corn on the Cob Sweet Potato Fries
STREET CLASSICS:	MIDDLE EASTERN Middle Eastern Tofu Kebabs or Beef Tagine Butterbean Hummus Tabbouleh Salad Flat Bread Extras Roast Carrots with Tahini & Pomegranate

QMS* - Quality Meat Scotland Assured product. This standard of 'Whole chain assurance' ensures that animals have the best possible quality of life on farms and throughout the live supply chain, resulting in the highest quality product reaching the consumer's plate.

Waste Knot^ - Waste Knot came about as a way of getting surplus veg out of farmers' fields and into chefs' kitchens. By purchasing imperfect or surplus veg we are reducing food waste and ensuring sustainability, by using seasonal produce from Red Tractor and LEAF assured farms.



	WEEK 2: 16TH SEPTEMBER - 20TH SEPTEMBER, 21ST OCTOBER - 25TH OCTOBER, 25TH NOVEMBER - 29TH NOVEMBER
SALAD BAR:	Nourish to Flourish Salads & Jacket Potato
PIZZA CRAFT:	Margherita Smoky BBQ Chicken, Red Onion & Roast Peppers Feta, Olive & Roast Peppers
URBAN BITES:	GREEK Chicken Souvlaki or Halloumi Souvlaki Roast Aubergine Greek Salad Flat Bread Tzatziki Extras Garlic Fries
STREET CLASSICS:	BBQ BBQ Pulled Pork Sliders Grilled Pineapple Slaw Fries Garden Salad Extras Onion Rings

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WEEK 3:

23RD SEPTEMBER - 27TH SEPTEMBER, 28TH OCTOBER - 1ST NOVEMBER,
2ND DECEMBER - 6TH DECEMBER

SALAD
BAR:

Nourish to Flourish Salads & Jacket Potato

PIZZA
CRAFT:

Margherita
Pepperoni, Jalapeno, Roast Peppers & Sour Cream Drizzle
Mushroom & Caramelized Red Onion

URBAN BITES:

KOREAN

Korean Beef Bao Bun or Sticky Oyster Mushroom Bao Bun
Korean Noodle Salad
Stir fry Green Beans
Pickled Asian Slaw

Extras

Vegetable Spring Rolls

STREET
CLASSICS:

MEXICAN

Pork Pilbil Tacos or Mushroom, Squash & Quinoa Burrito
Mexican Rice
Guacamole
Salsa
Sour Cream

Extras

Homemade Tortilla Chips

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WEEK 4:

30TH SEPTEMBER - 4TH OCTOBER, 4TH NOVEMBER - 8TH NOVEMBER,
9TH DECEMBER - 13TH DECEMBER

SALAD
BAR:

Nourish to Flourish Salads & Jacket Potato

PIZZA
CRAFT:

Margherita
Ham & Pineapple
Roast Lemon & Garlic Artichoke

URBAN BITES:

JAMACIAN

Jerk Chicken or Crispy Caribbean Cauliflower
Rice & Peas
Jalapeno & Pineapple Salsa
Jamaican Slaw

Extras

Jamaican Spiced Aubergine

STREET
CLASSICS:

ITALIAN

Meatball Marinara Sub or Roast Vegetable Lasagne
Italian Fries
Tender Stem Broccoli, Chilli, Pesto & Pine Nuts

Extras

Mozzarella Sticks

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WEEK 5:

7TH OCTOBER - 11TH OCTOBER, 11TH NOVEMBER - 15TH NOVEMBER,
16TH DECEMBER - 20TH DECEMBER

SALAD
BAR:

Nourish to Flourish Salads & Jacket Potato

PIZZA
CRAFT:

Margherita
Chicken Pakora & Mango Chutney
Vegetable Pakora & Mango Chutney

URBAN BITES:

INDIAN

Coconut Beef Curry or Moong Dal with Garlic &
Cumin Tarka
Corn Chaat
Lemon Rice
Pickled Red Onions

Extras
Vegetable Samosa
Poppadum

STREET
CLASSICS:

CHIPPY

Beer Battered Haddock or Blooming Onion
Chunky Chips
Garden Peas
Tartar Sauce

Extras
Curry Sauce
Jalapeno Poppers

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