Case Study Guidelines

This is a brief guide to the content of a case study. The individual selected for case study may be considered in terms of an Occupational Therapy Model/ Approach to practice and also the wider environments and networks that play a role in the individual's life.

Mandatory for all case studies
Anonymity and confidentiality of the service user(s), service provider and all staff involved must be maintained throughout the case study. You are advised to use pseudonyms, delete the name of service and any geographical locations.

<table>
<thead>
<tr>
<th>Case Study Dimensions</th>
<th>Description</th>
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<tbody>
<tr>
<td>Person and their context</td>
<td>Describe the individual, their environments and social networks and structures</td>
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<tr>
<td>Diagnosis and Functional Abilities</td>
<td>Describe diagnosis/ disability/ illness, relevant previous medical history, condition on admission and current, possible prognosis, impairments and impact on occupational performance</td>
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<tr>
<td>Current Multidisciplinary Input</td>
<td>Which professionals from the multidisciplinary team have been involved, what has their role been for the individual, how does this link with your role</td>
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| Occupational Therapy Process (this must include your individuals views/ involvement/ participation throughout the process) | Reason(s) for current referral to Occupational Therapy  
Rationale for approach to practice/ model chosen and how applied  
Describe which knowledge and skills were utilised  
Describe Initial Interview/ Assessment, provide rationale  
What goals were identified, how taken forward  
Describe (in depth) activities/ intervention, including rationale and critique  
Describe achievements/ outcome in relation to goals  
Evaluate effectiveness of OT process for the individual  
What has been your involvement with the case study – what are your reflections |

Consider how your case study will demonstrate or include the points below:

- Identify a main focus (why are you writing this, what do you want to learn from this?)
- Wider Context - How does this impact on the OT process
- User involvement – How did you facilitate them to work in partnership with you?  
  What was important to them?
- Critical engagement - Rationales for choices/ decisions made throughout the OT process must be detailed, include a balanced critique (i.e. pro’s and con’s)
- Evidence - Support your work with literature and other resources available to you i.e. reading, useful placement resources, policy and other documents
- How will you present your case study to your team? Consider different media (PowerPoint, video diary, photo’s, end products), consider facilitating the client to present their case study with you.