



Queen Margaret University
EDINBURGH

SCHOOL OF HEALTH SCIENCES

SUBJECT AREA OF DIETETICS, NUTRITION & BIOLOGICAL SCIENCES

MASTERS / DIET 1

DM030/ Therapeutic Interventions

<u>DATE: 01/05/2017</u>	<u>TIME: 9.30am-12.35pm</u>
<u>WRITING TIME: 3 hours</u>	<u>READING TIME: 5 minutes</u>

INSTRUCTIONS:

Candidates are required to attempt **THREE** questions: question ONE and TWO others.

Candidates are requested to answer each question in a separate answer book.

Answers are marked in line with QMU PG attributes of performance

PAPER SETTERS:

Dr Sara Smith

Dr Jacklyn Jones

ANSWER THIS QUESTION:

Mark

1. With reference to current guidelines and evidence discuss the dietary and lifestyle management of individuals diagnosed with type 2 diabetes **(100%)**

ANSWER TWO QUESTIONS FROM THE FOLLOWING:

2. With reference to current evidence and guidelines, critically discuss the use of textured modified diets and fluids in the management of stroke related dysphagia. **(100%)**

3. a) With reference to current guidelines and in the context of adult hospitalised patients, outline the indications for the use of nutritional support (Both enteral and parenteral). **(30%)**

- b) With reference to current guidelines briefly discuss the different routes of enteral nutrition. **(70%)**

4. a) With reference to current guidelines, discuss the current dietary and lifestyle interventions for patients diagnosed with obesity. **(70 %)**

- b) Briefly outline the surgical interventions available for the management of obesity. **(30%)**

END OF PAPER